

## Archangel Michael School

### *“Working with Angels in Healing”*

Saturday, 25 September, 10 am - 4 pm

*Join together for meditation, music, lectures  
and discussion.*

*The Archangel Michael School will be followed by the  
Celebration of Maitreya Day and Ananda's Birthday  
at 7.45 pm - 9.00 pm.*

## Spiritual Forum

### *“Spirit and Consciousness”*

Monday, 27 Dec., 7.30 pm - Friday, 31 Dec., 1 pm

*The Spiritual Forum offers an opportunity to  
meditate, learn and share with others on the path, in  
this special time between the Christmas and  
New Year's Festivals.*

*Admin. fee of \$15 for the whole Spiritual Forum, and  
\$10 for the Archangel Michael School, or \$5 for single  
sessions, no charge for meditations. No booking required.*

*The Archangel Michael School, the Spiritual Forum, the  
Celebration of Maitreya Day and Ananda's Birthday are  
all held at the Sanctuary of the Heart, corner of Ballan Rd  
and South Ajax Rd, Daylesford, Victoria. For schedule  
and program descriptions of the School and Forum, please  
check the website. Enquiries: ph 05 5348 1278*

**Mailing List:** If you wish to receive information on  
forthcoming activities, please advise your email or  
postal address, by emailing to:  
melbourne@heartflow.org or phone: 03 9563 9400

#### **Reception, Café and the Resource Area:**

Reception, Café and the Resource Area are open  
after most activities, providing an opportunity to  
purchase refreshing drinks and snacks, to make  
enquiries, and to buy tools for spiritual practice.

**Visitors:** Heart Flow Worldwide welcomes visitors  
to our Centre in Bentleigh. If you wish to visit the  
Centre outside the scheduled activities, you may do  
so by appointment. Please phone 03 9563 9400 to  
arrange an appointment.

### *Concerning Participation in Spiritual Activities*

If you have a serious physical or psychological  
condition, you are advised against taking part in  
activities that call upon spiritual energies, such as the  
activities in this program, without prior consultation  
with an experienced meditation teacher.

Where serious illness or imbalance is present, it is  
recommended that the body and mind focus on  
healing and regaining balance. In these cases it is  
better to work on healing in cooperation with health  
care practitioners through, for example, relaxation,  
positive thinking and stress reduction.

Also, if you use or have used illegal drugs,  
psychoactive medications (for example, anti-  
depressants, mood stabilisers, tranquillisers,  
hypnotics and so forth), or alcohol (more than the  
occasional social drink), a minimum of 3-7 years free  
of using such substances is recommended before it is  
advisable to participate in spiritual work.



## Heart Flow Worldwide Centre

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Bentleigh (cnr Balmoral Ave),

Melbourne, Victoria

Australia

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Bentleigh, VIC 3204

email: melbourne@heartflow.org

www.heartflow.org

The activities in this program are offered by  
Heart Flow Worldwide.

Heart Flow Worldwide is a registered business name of  
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The Church of the Resurrected Life  
is operated by The Theosophical Fellowship.

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## *Heart Flow Worldwide*

*working from the goodness  
of the Heart*

# Melbourne Program

July - December 2010



*Meditations*

*Earth Healing Services*

www.heartflow.org

# July

Fri. 2	Meditation	11.00 am
Sun. 4	Violet Flame Earth Healing Service	2.00 pm
Wed. 7	Rainbow Healing Circle	8.00 pm
Wed. 14	Flame Meditation	8.00 pm
Wed. 21	Magdalene Meditation	8.00 pm
Wed. 28	Planetary Meditation	8.00 pm

# August

Wed. 4	Divine Heart Meditation	8.00 pm
Fri. 6	Meditation	11.00 am
Wed. 11	Flame Meditation	8.00 pm
Sun. 15	Earth Healing Service	2.00 pm
Wed. 18	Companions in Healing	8.00 pm
Wed. 25	Full Moon Meditation	8.00 pm



# September

Wed. 1	Ascension Meditation	8.00 pm
Fri. 3	Meditation	11.00 am
Wed. 8	Flame Meditation	8.00 pm
Wed. 15	Puja Meditation	8.00 pm
Sun. 19	Earth Healing Service	2.00 pm
Wed. 22	Full Moon Meditation	8.00 pm

**Please note:** There will be no meditations offered from 29 September to 22 October 2010

# October

Sun. 17	Earth Healing Service	2.00 pm
Wed. 27	Planetary Meditation	8.00 pm

# November

Wed. 3	White Tara Meditation	8.00 pm
Fri. 5	Meditation	11.00 am
Wed. 10	Planetary Meditation	8.00 pm
Wed. 17	Spirit of Resurrection Meditation	8.00 pm
Sun. 21	Earth Healing Service	2.00 pm
Mon. 22	Full Moon Meditation	8.00 pm
Wed. 24	Flame Meditation	8.00 pm

# December

Wed. 1	Puja Meditation	8.00 pm
Fri. 3	Meditation	11.00 am
Wed. 8	Flame Meditation	8.00 pm
Wed. 15	World Mother Meditation	8.00 pm
Sun. 19	Earth Healing Service	2.00 pm
Tues. 21	Full Moon Meditation	7.00 pm

## *Earth Healing Services*

Join us in uplifting and joyous Earth Healing Services. The Church of the Resurrected Life is dedicated to the work of the Spirit of Resurrection through Lord Jesus and is affiliated with the Associated Christian Spiritual Churches of Australia.

**Activities in Daylesford:** Earth Healing Services (including some Festivals), Meditations and Schools are also conducted at the Sanctuary of the Heart in Daylesford. Please refer to our website or contact us if you would like a program.

### **Program notes:**

Please arrive early to all activities, as they start on time and late admission is not possible for meditations or services.

Please bring indoor shoes or slippers to wear in the Centre. An extra pair of socks is fine if you do not have some indoor shoes. Please do not go barefoot in the Centre.

Activities conducted by Heart Flow Worldwide are for people 16 years of age and over.

All activities are offered free of charge, except for courses, workshops, Spiritual Forums and Schools where a small administration fee may be charged.

From 22 December until the end of January 2011 the Melbourne Centre will be closed for the Summer break.