

Program Note

Easter

'At Easter, the energy of restoration is brought forth by the Spirit of Resurrection and the Christ, resurrecting hope in humanity and renewing nature.'

From the booklet, Asala - Festival of Goodwill
by Ananda Tara Shan and Ann Phillis



Activities in Melbourne

Meditations and Earth Healing Services (including some Festivals) are also conducted at the Heart Flow Worldwide Centre in Melbourne. The program of activities in Melbourne is listed on the website:

www.heartflow.org

or you are welcome to contact us if you would like us to email or post you a program.



'The object of Heart Flow Worldwide is to help bring people towards ascension, that point of consciousness that occurs when the soul and Spirit, the I Am Presence, govern one's life. Karma has been redeemed, dharma has been fulfilled, and one has a choice whether to return to the Earth plane again. Those who return walk the path of service, the Way of the Heart.'

Ananda Tara Shan

Activities conducted in the Sanctuary of the Heart are offered by the Society for Maitreya Theosophy Pty Ltd ACN 007 453 321 and The Theosophical Fellowship ACN 057 459 604. Heart Flow Worldwide is a registered name and Heart Flow is a registered trade mark of The Theosophical Fellowship.

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Heart Flow Worldwide



Program of Activities

January - June 2012

Earth Healing Services
Full Moon Meditations

Sanctuary of the Heart Daylesford

Phone: 03 5348 1278
Email: info@heartflow.org
www.heartflow.org

Program

January

Sun 29th Earth Healing Service 11.00 am

February

Tues 7th Full Moon Meditation 7.45 pm
Sun 26th Earth Healing Service 11.00 am

March

Thurs 8th Full Moon Meditation 7.45 pm
Sun 25th Earth Healing Service 11.00 am

April

Sat 7th Easter Festival Full Moon Meditation 9.30 am
Sun 8th Easter Sunday Service 11.00 am
(see Program Note overleaf)
Mon 9th Lady Tarajyoti's Ascension Day 11.00 am

May

Sun 27th Earth Healing Service - Pentecost 11.00 am

June

Sun 24th Earth Healing Service 11.00 am

Cancellation of Activities Due to Extreme Weather or Fire Danger

Throughout the year, activities may be cancelled when there are extreme weather warnings affecting the Central Highlands area or the threat of bushfires in the area.

If an activity is cancelled, a notice will be posted on the website:
www.heartflow.org



Practical details

Activities start on time and late admission is not possible for meditations or Services.

Activities are open to those 16 years of age and older.

Please bring a pair of indoor shoes or slippers to wear in the Sanctuary.

Activities are offered free of charge, with the exception of schools and the Spiritual Forum where there is a small administrative fee.

Venues

All of the activities in this program take place at the Sanctuary of the Heart.

The Sanctuary of the Heart is located on the corner of Ballan and South Ajax Roads in Daylesford.

Concerning Participation in Spiritual Activities

If you have a serious physical or psychological condition, you are advised against taking part in activities that call upon spiritual energies, such as the activities in this program, without prior consultation with an experienced meditation teacher. Where serious illness or imbalance is present, it is recommended that the body and mind focus on healing and regaining balance. In these cases it is better to work on healing in cooperation with health care practitioners through, for example, relaxation, positive thinking and stress reduction. Also, if you use or have used illegal drugs, psychoactive medications (for example, antidepressants, mood stabilisers, tranquillisers, hypnotics and so forth), or alcohol (more than the occasional social drink), a minimum of 3-7 years free of using such substances is recommended before it is advisable to participate in spiritual work.