

Special Events & Schools

• Archangel Michael School

'Working with Angels in Healing'

Saturday, 25 September, 10 am-4 pm

Join together for meditation, music, lectures and discussion (Admin fee of \$10, or \$5 for single sessions, no charge for meditations)

• Celebration of

Maitreya Day & Ananda's Birthday

Saturday, 25 September, 7.45-9.00 pm

On Ananda's birthday, we celebrate Ananda and all true Gurus with a sharing of wisdom drawn from many traditions.

• Celebration of 'The Day Ananda Entered Her Garden'

Tuesday, 16 November, 10.30 am-Sunset

An informal gathering at Shigatze, Ananda's retreat. All are welcome to come enjoy the beautiful surroundings, bring a picnic, contemplate, and visit the retreat on the anniversary of Ananda's transition to the inner worlds.

• Spiritual Forum:

'Spirit & Consciousness'

Monday, 27 Dec., 7.30 pm - Friday, 31 Dec., 1 pm

The Spiritual Forum offers an opportunity to meditate, learn and share with others on the path, in this special time between the Christmas and New Year's Festivals. (Admin fee of \$15 for the whole Forum, or \$5 for single sessions, no charge for meditations)

More details and the programs for the Archangel Michael School and the Spiritual Forum may be found on the website as the dates get closer.



The object of Heart Flow Worldwide is to help bring people towards ascension, that point of consciousness that occurs when the soul and Spirit, the I Am Presence, govern one's life. Karma has been redeemed, dharma has been fulfilled, and one has a choice whether to return to the Earth plane again. Those who return walk the path of service, the Way of the Heart.

Ananda Tara Shan

Earth Healing Services and Meditations are also conducted at the Heart Flow Worldwide Centre in Bentleigh. Please contact us if you would like a program.

Activities conducted in the Sanctuary of the Heart are offered by the Society for Maitreya Theosophy Pty Ltd ACN 007 453 321 and The Theosophical Fellowship ACN 057 459 604. Heart Flow Worldwide is a registered business name of The Theosophical Fellowship.

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Heart Flow Worldwide



Program of Activities

July - December 2010

Earth Healing Services

Full Moon Meditations

Schools & Special Events

at the

Sanctuary of the Heart

cnr Ballan & South Ajax Rds, Daylesford

Phone: 03 5348 1278
Email: info@heartflow.org
www.heartflow.org

Program

July

Sun 25th	Earth Healing Service	11.00 am
Mon 26th	Full Moon Meditation	7.45 pm

August

Sun 22nd	Earth Healing Service	11.00 am
Tues 24th	Full Moon Meditation	7.45 pm

September

Thurs 23rd	Full Moon Meditation	7.45 pm
Sat 25th	Michael School	10 am - 4 pm
Sat 25th	Maitreya Day & Ananda's Birthday	7.45 pm
Sun 26th	Earth Healing Service	11.00 am

October

Fri 22nd	Full Moon Meditation	7.45 pm
Sun 24th	Earth Healing Service	11.00 am

November

Tues 16th	'The Day Ananda Entered Her Garden'	10.30 am - Sunset
Sun 21st	Full Moon Meditation	7.45 pm
Sun 28th	Earth Healing Service - 1st Advent	11.00 am

December

Tues 21st	Full Moon Meditation	7.45 pm
Fri 24th	Christmas Eve Service	9.00 pm
Mon 27th	Spiritual Forum begins	7.30 pm
Fri 31st	New Year's Eve Service	9.00 pm



Practical details

Activities start on time and late admission is not possible for meditations or Services.

Activities are open to those 16+ years.

Please bring indoor shoes or slippers.

Activities are offered free of charge, with the exception of schools, where a small administrative fee is asked to help with expenses.

Activities During the Fire Danger Period

During the Fire Danger Period (from 1 November to 1 May) activities will be cancelled on days when the Fire Danger Rating is Extreme or Code Red. On other days, such as when the rating is Severe or there are fires in the local area, activities may be cancelled. If an activity is cancelled, a notice will be posted on the website: www.heartflow.org.

Concerning Participation in Spiritual Activities

If you have a serious physical or psychological condition, you are advised against taking part in activities that call upon spiritual energies, such as the activities in this program, without prior consultation with an experienced meditation teacher. Where serious illness or imbalance is present, it is recommended that the body and mind focus on healing and regaining balance. In these cases it is better to work on healing in cooperation with health care practitioners through, for example, relaxation, positive thinking and stress reduction. Also, if you use or have used illegal drugs, psychoactive medications (for example, antidepressants, mood stabilisers, tranquillisers, hypnotics and so forth), or alcohol (more than the occasional social drink), a minimum of 3-7 years free of using such substances is recommended before it is advisable to participate in spiritual work.